

# The Charlotte 49ers Athletic Academic Center GOLD

## Goals, Objectives and Learning Directives

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N4A Region II





# Mission

The Charlotte 49ers Athletic Academic Center is committed to assisting all Charlotte varsity student-athletes to achieve academic and personal success at the university by providing support services designed to meet their unique needs and ensuring student-athlete compliance with all Conference, National Collegiate Athletic Association, Atlantic 10 and university regulations.

# The Numbers

- Currently 16 Varsity Teams (adding Football next year)
- Approximately 300 total student-athletes
- 3 advisors and 1 GA
- Approximately 125 in Study Hall each fall
- Approximately 50 in Study Hall each spring
- 15-30 in GOLD each semester
- All new men's and women's basketball student-athletes in GOLD each summer

# HIGHLIGHTS

- The Department's cumulative GPA has exceeded the university's cumulative GPA for the past 15 years and has been over a 3.0 for the past 4 ½ years.
- The freshmen student-athletes have had a 1<sup>st</sup> year cumulative GPA of over 3.0 for the past 7 years. The overall university freshman GPA over that same time period has been approximately 2.44.
- Charlotte has had 26 Academic All-America's since 2002, which coincidentally corresponds with the opening of our current facility

# Basic Study Hall Rules

Designed to provide a structured study environment leading to academic success for Charlotte student-athletes. Six (6) hours are required per week.

- All new freshmen and incoming transfers.
- All continuing student-athletes with a cum GPA below 2.30.
- All continuing student-athletes with a previous semester GPA below 2.0.

Note: Student-athletes who earn a grade point average of a 2.6 or higher in two consecutive semesters (not summer sessions) will be excused from study hall for the subsequent semester.

**Study Hall hours must be completed by 12:00 noon every Friday.**

All Study Hall hours must be earned in the AAC. The exception is hours awarded by the coach for team travel and hours earned in the Writing Resource Center.

Student-athletes that earn more than six (6) hours in a week will have those extra hours placed in his/her bank. No more than two (2) hours from that bank may be used to satisfy the six (6) hour requirement in any given week.

# Study Hall Penalty Structure

## 1st violation

The student is required to earn ten (10) new hours the following week

## 2nd violation

The student will miss their next scheduled competition and is required to earn ten (10) new hours the following week.

# Weekly Academic Meeting

All student-athletes in Study Hall are required to meet with their Athletic Academic Advisor once a week. Each meeting will last approximately 15 minutes. Student-athletes are to be prepared for the meeting and be ready to report on all academic activities that have occurred during the preceding week. The respective coach will be notified when a student-athlete misses a scheduled meeting.

On the third missed appointment, the Director of Athletics will be notified and the student-athlete will miss their next scheduled athletic competition.

# GOLD



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## ***GOALS & OBJECTIVES LEARNING DIRECTIVES***

GOLD is an additional level of Study Hall for selected at-risk/high profile student-athletes. It is a part of their required Study Hall program and is not optional.

GOLD provides additional monitoring and guidance, specifically addressing time management and goal setting skills that will assist students-athletes in achieving academic success. Student-athletes receive assistance in setting and accomplishing attainable goals and objectives for each week of the academic semester.

- Students-athletes can be placed into the program by the Chancellor, AAC Director, and /or Coach.
- Weekly GOLD meetings are held Sunday, Wednesday and Thursday nights during regular Study Hall hours in the Athletic Academic Center.
- Each GOLD participant brings a copy of each course syllabus for the GOLD Mentor(s). The mentors maintain a notebook of all GOLD participants' syllabi.
- Each participant is given a GOLD booklet that contains a section for each of their courses with a course information sheet and goals sections for the entire semester broken out into weeks running Sunday through Thursday.
- Participants sign a contract that they understand and will abide by all the rules of GOLD. A copy is kept in their booklets, their AAC records and given to their coach.



## THE CHARLOTTE 49ERS ATHLETIC ACADEMIC CENTER

### GOLD

#### GOALS & OBJECTIVES LEARNING DIRECTIVES

Goals & Objectives Learning Directives (GOLD) is an additional level of Study Hall for selected at-risk/high profile student-athletes. It is a part of their required Study Hall program and not optional. Students-athletes can be placed into the program by the Chancellor, AAC Director, and /or Coach. GOLD provides additional monitoring and guidance, specifically addressing time management and goals setting skills that will assist students-athletes in achieving their academic goals. Student-athletes receive assistance in setting and accomplishing attainable goals and objectives for each week of the academic semester.

Weekly GOLD meetings are held Sunday nights during regular Study Hall hours in the Athletic Academic Center. Each GOLD participant will begin by bringing a copy of each course syllabus for the GOLD Mentor(s). During the weekly GOLD meetings each GOLD participant will set 1-3 goals and objectives for each class in their GOLD binder. The goals and objectives are to be specific and attainable. The mentors will also help the program participants learn how to use the Charlotte 49ers Student-Athlete Handbook as their planner/organizer.

Then participants must also meet with the mentors on Thursday's to assess their progress on the week's goals. The GOLD Mentors make weekly reports to the AAC staff and individual coaches on the participant's progress on their goals and objectives.

If a participant has an unexcused absence for their Sunday meeting, they must make up the meeting with the AAC Director prior to 5:00 pm on Monday. They also are required to earn 2 additional hours of Study Hall (no banked hours may be used) by that Friday at noon. If they either miss a Thursday meeting or do not have their goals substantially met as determined by the GOLD Mentor they will be assessed a Study Hall Violation and will be required to earn 10 study hall hours for the next week. The 2<sup>nd</sup> violation will result in the student-athlete missing their next scheduled athletic competition.

In the event of an unexcused missed meeting and/or violation the coaching staff and Athletic Director will be notified.

#### CONTRACT

I \_\_\_\_\_ have read and understand the requirements of the GOLD program and will adhere to them to the best of my abilities.

Signature \_\_\_\_\_

Date \_\_\_\_\_



## **GOLD WEEK 1: August 28 – September 1**

Goal & Objective 1: \_\_\_\_\_

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Goal 1 was completed - Yes \_\_\_\_ No \_\_\_\_

Goal & Objective 2: \_\_\_\_\_

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Date to be completed: \_\_\_\_\_

Goal 2 was completed - Yes \_\_\_\_ No \_\_\_\_

Goal & Objective 3: \_\_\_\_\_

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Date to be completed: \_\_\_\_\_

Goal 3 was completed - Yes \_\_\_\_ No \_\_\_\_

## **GOLD WEEK 2: September 1 – September 8**

Goal & Objective 1: \_\_\_\_\_

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Goal 1 was completed - Yes \_\_\_\_ No \_\_\_\_

Goal & Objective 2: \_\_\_\_\_

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Date to be completed: \_\_\_\_\_

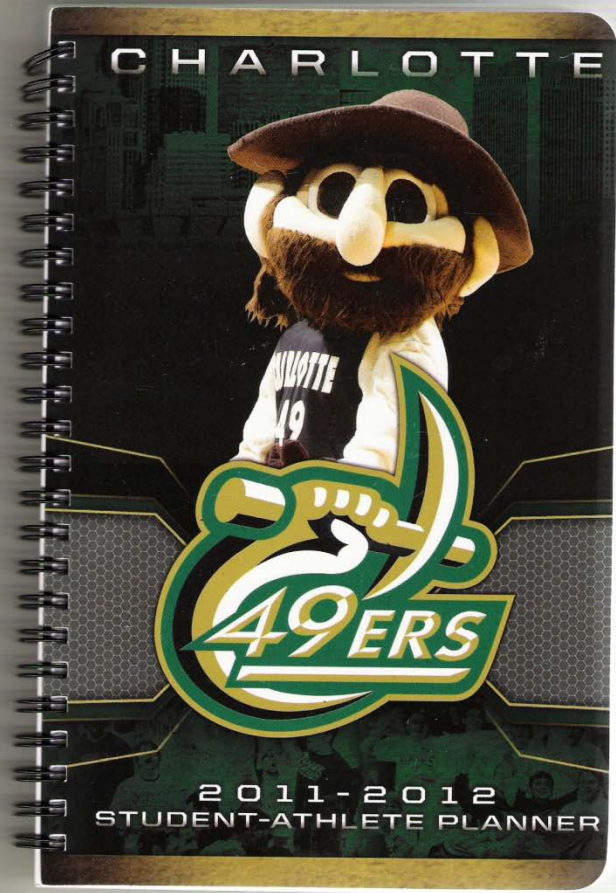
Goal 2 was completed - Yes \_\_\_\_ No \_\_\_\_

Goal & Objective 3: \_\_\_\_\_

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Date to be completed: \_\_\_\_\_

Goal 3 was completed - Yes \_\_\_\_ No \_\_\_\_



CHARLOTTE



2011-2012  
STUDENT-ATHLETE PLANNER

The Participants are required to bring their GOLD booklet, Student-Athlete Planner and their course materials including the syllabus to all meetings.

During the Sunday weekly GOLD meetings each GOLD participant will set 1-3 goals and objectives for each class in their GOLD binder. The goals and objectives are to be specific and attainable. The mentors will also help the program participants learn how to use the Charlotte 49ers Student-Athlete Handbook as their planner/organizer.

The GOLD Mentors make weekly reports to the AAC staff and individual coaches on the participant's goals and objectives for the coming week.

# Follow Up Meetings

Participants must also meet with the mentors on Wednesday's or Thursday's to assess their progress on the week's goals. The GOLD Mentors make weekly reports to the AAC staff and individual coaches on the participant's progress on their goals and objectives.

# Consequences

- If a participant has an unexcused absence for their Sunday meeting, they must make up the meeting with the AAC Director prior to 5:00 pm on Monday.
- They also are required to earn 2 additional hours of Study Hall (no banked hours may be used) by that Friday at noon.
- If they either miss a Thursday meeting or do not have their goals substantially met as determined by the GOLD Mentor they will be assessed a Study Hall Violation and will be required to earn 10 study hall hours for the next week.
- The 2<sup>nd</sup> violation will result in the student-athlete missing their next scheduled athletic competition.

# The Mentors

We have used:

- The AAC Graduate Assistant
- Undergraduate Education Majors  
Interns
- Currently using Graduate Counseling Students

**All were former student-athletes**

# Mentor Expectations

Mentors go through the normal tutor training as well as special training in regard to expectations of GOLD Mentors.

- GOLD participants should learn to be organized and self-reliant students who are able to make the most of their study time, whether in study hall or on their own.
- Student-athletes set their own weekly goals with input from the Mentors. As the semester progresses less input should be needed from the Mentors. Mentors do not “hand hold”.
- Our philosophy is that we don’t want to do everything for our student-athletes; we give them the resources and teach them how to do things for themselves. The goal is to teach the student-athletes to take control of their own academic careers and lives.

**Questions?**