

Absorb, Prepare & Realize: Life Skills

Absorb: Learning the Biz

- Spend \$ to Make \$ = attend conferences, NCAA Career Connections
- Network, network, network!!!
- Seek out a mentor in the field
- Research the field by meeting with/ shadowing your university's current Life Skills Coordinator
- Brainstorm: Find out how your strengths, education, and professional experiences relate to the field



Prepare: Finding the Right Fit

- Determine the type of university: established Life Skills program or start from scratch?
- Is Life Skills its own department or combined with Academics?
- Ask the right interview questions: Is there coach support for Life Skills? Are students aware of CHAMPS? Does the department do community service activities already?
- Is director supportive of creating new programs, requiring seniors to complete a resume before graduation, etc.?

Realize: Your Own Style

- Be Proactive: Ask for more responsibilities
- Communicate ideas to director before budget decisions are made
- Build bridges with campus resources
- Promote successful outcomes: employed graduates, SAs in graduate school, community impacts, award winners
- Be known for great communication: Coaches know of programs in advance, document everything, open door for students, follow-through

